

### **Post Infusion Instructions**

Thank you for choosing Four Points Wellness for your care!  
Here are some instructions to follow today after your IV infusion:

- Continue to wear dressing applied to the IV infusion site for 1 hour to prevent break through bleeding.
- You can apply cold packs or take naproxen (Aleve) for any post injection/infusion pain.
- A light meal and 16 ounces of water are recommended after the infusion
- Monitor your IV site for redness, pain, warmth, or swelling. This could be a sign of infection or an adverse reaction. If this occurs, please call (817) 646-7433.
- Continue routine follow up with your mental health and/or primary care provider for continued treatment and evaluation.
- If any mild side effects occur such as hives, nausea, fever, cramping, headaches, or any additional non-life-threatening symptoms, please call Four Points Wellness at (817) 646-7433 immediately. If it is after hours, then please report to your closest urgent care or emergency department.
- If any type of serious adverse events occurs such as diffuse hives, shortness of breath, trouble swallowing, chest pain, severe headache, changes in consciousness, increase pain/swelling in the arm that the infusion was given in, or anything else that is concerning, call 911 or report to the emergency department immediately.
- You can expect to feel improvements in your symptoms within 15-90 minutes of your infusion. These effects can last up to 1 to 1 and a half weeks.
- Patients can present for repeat infusions every 2 weeks unless determined otherwise by your treating provider.

If you have any additional questions or concerns, please feel free to reach out to:

Four Points Wellness, PLLC at (817) 646-7433 or via e-mail at [frontdesk@fourpointswellness.org](mailto:frontdesk@fourpointswellness.org)